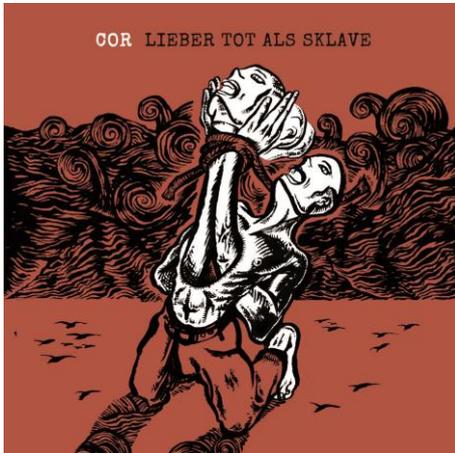




# COR



**COR is not only a band, COR is an attitude and a lifestyle.**

**Uncompromising, straight, distinctively strange.**

**Band:** COR  
**Titel:** LIEBER TOT ALS SKLAVE  
**Genre:** TRASHROCK  
**Kat.-Nr.:** RCR 22 / RCR 23  
**Release:** 23.01.2015  
**Label:** Rügenrecore Records  
**Vertrieb:** CARGO  
**Barcode:** CD 4024572766412  
LP 4024572766405  
**Länge:** 41:09 MIN  
**Lieder:** Unregierbar  
Lieber tot als Sklave  
Guter Tag zum Sterben  
Ihr auch!!!  
Schlachtfeld  
Frei sein  
Business  
Mischling  
Richy  
p\*p\*p\*  
Am Meer  
Der Weg  
Nicht Folgen  
Einsam

No hiding behind metaphors or false pathos, a band not for the masses, not a band with sound indistinguishable from others, expecting to be more than just a follower of the hits of today, COR present themselves as the antithesis to the mainstream. They are politically motivated and draw from their own opinion. They make music for the pure love of making music. Unique, self-referential. D.I.Y. to the bone.

"Lieber tot als Sklave" (Better dead than a slave) will be available on 23 January, 2015 and represents COR's most current tonal efforts. The album has been recorded and produced with Eike Freese and Alexander Dietz at Chameleon Studios in Hamburg - known for the work on Heaven Shall Burn among other stalwarts of the German Hardcore/ Punk scene. This couldn't be a better fit as never before the COR sound did shine like on this album and reveals the true roots for the Rügen island based band: Hardcore, Punkrock, Rock'n'Roll, no-holds-barred.

For COR Rock'n'Roll means much more than just having cojones, show-off skills and rockstar attitude. Rock'n'Roll is a lifestyle, has ever been and shall remain somewhat connected to keywords such as rebellion, community and questioning conventions. How serious they take this can be envisioned through their DVD "Actitud es lo que cuenta - Cuba COR Libre", being available on the 23 January, 2015 as well. The content and story behind its creation throws you into the turmoil of having the ludicrous idea to tour through the Caribbean without a label, management or any financial backing, and translating this idea into reality through the ["Cuba COR Libre"](#) crowd-funded project. As much as the tour was entertaining it opened a can of worms by publicly questioning the trade embargo between Cuba and the United States when the crowd-funded budget was frozen for an amount of time by the American company PayPal - the result being a



**Band:** COR  
**Titel:** Actitud es lo que cuenta  
 Cuba COR Libre  
**Genre:** Dokumentarfilm  
**Kat.-Nr.:** RCR 24  
**Release:** 23.01.2015  
**Label:** Rügencore Records  
**Vertrieb:** CARGO  
**Barcode:** DVD 4024572766399  
**Länge:** 75:00 MIN  
**FSK:** 16  
**Line up :** Friedemann Hinz (Gesang)  
 Christian Fitzner (Gitarre)  
 Johannes Hinz (Schlagzeug)  
 Matthias Arndt (Bass)

**Discografie:**

2015 CD/LP *Lieber tot als Sklave*  
 2015 DVD *Cuba COR Libre*  
 - Attituda cuenta  
 2013 SINGLE *Lampedusa Blues*  
 2013 SINGLE *Erlösung*  
 2012 CD/LP *Snack Platt orrer stirb*  
 2010 CD/LP *Herztier*  
 2009 CD/LP *Seit ich die Menschen  
 kenne, liebe ich die Tiere*  
 2007 CD/LP *Prekariat*  
 2006 CD/LP *Tsunami*  
 2006 SINGLE *Mein Huh hat Grippe*  
 2005 SINGLE *Seelenlos*  
 2005 CD/LP *Freistil, Kampfstil, Lebensstil*  
 2004 CD/LP *Baltic Sea for Life*  
 2003 CD *Flüstern und Schreien*  
 2002 CD *Viva la homosapiens*

serious media storm in CORs home country Germany, putting the band on the popcultural mainstream map literally overnight. For a moment the whole debacle seemed to overshadow another side story of the tour but it eventually became its catalyst - Together with the association Cuba Sí, COR organized the project "[Instrumente für Kuba](#)" ([Instruments for Cuba](#)), donating new, old, used, broken and discarded music equipment from friends and colleagues to musicians of the Cuban punk, metal and hardcore scene. After delivering 12 pallets in 2013, a container carrying more will arrive in Cuba in March of 2015. All three effects - the tour itself, the instrument collecting project and the somehow ridiculing of politics established in the cold war era did put quite some spotlight on COR In Germany and countries around. The band have their share in it all together not becoming just a novelty burnout - they left a mark by showing solidarity and bringing various people together and made it pretty clear: Just talking about things is easy, turning your words into actions is something that only a few even dare - an attitude that requires at least some amount of basics:

Friedemann, the singer of COR, is a musician, farmer, bricklayer, and tattooist besides being a family man. A teetotaler, even though completely tattooed, hardcore-punk singer-songwriter who breeds chickens, cows and sheep, and who owns tractors. Friedemann has completely understood that we only have one life to live. He also tours and records as solo artist, inspired by American blues and folk music but sings in German. His first solo-album "Uhr vs. Zeit" (clock vs. time) came out in May 2014. He draws most of his inspiration from living a life in a rural area in the very North of Germany on the island Ruegen (Baltic Sea) and thus being some kind of external supervisor on society once he gets on tour. A lot of the lyrical content in COR and his solo work is associated to freedom, free will and taking responsibility for own decisions. For Friedemann and the whole band these topics are no platitudes but wisdom which they try to fill with content and backup in their daily life even outside music and being an artist. Unlike a number of contemporary artists in the Punk/ Hardcore scene their words reflect actions and they intend to follow what they feel are the main premises in music underground - simply more than just music, a SCENE. Think Dischord & Minor Threat, CRASS, Conflict or the Boston Hardcore scene of the mid 90s if you will. ([more](#))

Everyone who doesn't want to belong or can't, who does his own thing, knows how to connect with others and recognizes the immense importance of sharing, will completely grasp this bands attitude, their truthfulness and their hands-down D.Y.I. approach.

"No race, no power, no money. Only your attitude counts."

COR

COR HOMEPAGE: [ruegencore.de](http://ruegencore.de)

COR FACEBOOK: [facebook.com/ruegencore](https://facebook.com/ruegencore)

COR VIDEO @ YOUTUBE: [youtube.com/user/Pilsbag](https://youtube.com/user/Pilsbag)

COR MUSIK @ BANDCAMP: [ruegencore.bandcamp.com](http://ruegencore.bandcamp.com)